

Intramural Dodgeball Rules

1. Games will be played on Tennis court # 4(white boundary lines used for doubles play) by teams of 8 players each. 8 balls will be used for the game. Teams may play short with 6 players
2. The format will be best 3 out of three 5 games.
3. Upon being hit by a ball, the "out" player must stand outside their court until the end of the game and can not interfere with play or the team will forfeit that game. The team with the last player "in" will be declared the winner.
4. The game begins with 4 balls being placed on each back court restriction line.
5. If a player catches a ball thrown by a player of the opposing team, the thrower will be out. Provided the ball has not touched any ceiling or floor.
6. Players can not cross the half court boundary line. Players can not step on or over the side or end lines to avoid being hit. If they do so, they will be out. Stepping on the line is out of bounds. Players may retrieve balls from their half of the court when not being targeted. However, they must do so quickly and not delay the game and return immediately to the field of play. Players are always liable to be put out whenever on the court.
7. If a ball gets removed from play, the game will not be stopped.
8. With 1 player remaining on each team those players may extend the boundary line to their opponent's backcourt restriction line until a winner is declared.
9. Each game will have a five minute time limit. If after 5 minutes a winner is not decided then the team with the most players will win. If the teams have the same number of players then the game will continue as a sudden death contest.

Players who are hit above the shoulders are not out unless they have move in order to dodge a throw and that movement caused the head contact.

Any trickery or deceit as judge by the supervisor will result in a forfeit of that game. All other game decisions are based on the honor system of the players. Play fair and have fun! Recreation Services staff reserve the right to adjust rules for safety and management of the sport.

All female teams playing all male teams will have no boundary line restrictions except when being targeted, in that case the above rule applies. This includes court restrictions for retrieving balls.