

Attention Recreation Center Members and Guests

To maintain a healthy community please be advised that certain precautions and requests are asked of you:

- If you have flu like symptoms or have a fever please seek medical attention immediately. Refrain from using the Recreation Center until a health care professional indicates that you may continue physical activity. Students may contact the Kettering University Wellness Center at (810)762-9650.
- Wash your hands often or use hand sanitizers, several sanitizer bottles are located strategically in the Recreation Center.
- Cover your cough or sneeze with a tissue or use your upper shirt sleeve. Avoid touching your mouth, eyes and nose.
- Be advised to clean equipment both BEFORE and after use with provided spray bottles and wash cloths.

In addition, Recreation Services staff are conducting extra routine disinfecting of many common areas throughout the building, such as counters, equipment, and door handles. **Be advised** in the event that significant numbers of Recreation Services staff become ill there may be unforeseeable closures of the facility and programs such as Intramural Sports and Yoga. Any closures or cancelations will be communicated via signs, web (www.kettering.edu/recservices), and voice mail (810-762-9732) as soon as possible.

While it is impossible to predict the severity of any flu season these precautions will reduce the chance of spreading infectious illnesses. Do keep in mind that strong, healthy and active bodies are typically more successful at fighting illness. We apologize for any inconvenience that these precautions may cause.

Recreation Services staff